



9TH ANNUAL

# PERINATAL MENTAL HEALTH CONFERENCE

JUNE 23-24 | BILLINGS, MT

We're excited to share a preview of the dynamic speaker lineup for the **9th Annual Perinatal Mental Health Conference**. We're grateful for the overwhelming response to our call for proposals, along with the thoughtful feedback from past attendees, which helped shape this year's agenda. The full agenda, including session times, will be released in April.

## MAINSTAGE SESSIONS

- **April Quinlan, LCPC** – Caring for the Whole Person: Helping Mothers See Themselves
- **Sarah Reese, LCSW, Co-Presenters: Jacqueline Kline, Marcy Hanson, PhD, MN, RN and Members of the PSU Network** – Creating Safe Pathways to Perinatal Care for People Using Substances
- **Emily N. Riggs, MSW, LISW-S, RYT, PMH-C** – More than Just a Number: Supporting Mental Health in Clients of Advanced Maternal Age
- **Mary Collins, MSW** – Shaping Policy for Montana's Perinatal and Pregnant Populations
- **Stephanie Morton, MSW and Dr. Amy Stiffarm, PhD, MPH** – Critical Allyship Practices & the Birth of Berry Medicine
- **Dr. Leigh Wagner, PhD, MS, RDN, LD, CPPC** – Nutrition and Perinatal Mental Health
- **Brooke Hathaway Angst, M.Ed.** – Partnering with Families Through HOPE

## BREAKOUT SESSIONS

- Neurodivergence in Perinatal Couples
- Supporting Grief and Loss with Indigenous Families
- Community Justice Workers & Expanding Access to Care
- LGBTQ2S+ Parent Experiences in Montana
- Enhancing Motivation in Brief Counseling
- Lay Counseling Approaches in Practice
- Perinatal Grief: Evidence-Based Support After Loss
- Collaborative Care in OB/GYN Settings
- Paternal Perinatal Mental Health
- Patient & Family Partnership in Quality Improvement
- Community Organizing in Birthwork

## ADDITIONAL HIGHLIGHTS

- Networking with exhibitors
- Lunch and two nourishing snacks provided daily, breakfast provided on Wednesday
- Evening film screening of SILOED in partnership with MOMS Billings Clinic